CONSENT TO BOTULINUM TOXIN TREATMENT FOR FACIAL WRINKLES

Rationale

I am aware that when a small amount of purified botulinum toxin (BOTOX) is injected into a muscle it causes weakness or paralysis of that muscle. This appears in 2-6 days and usually lasts 3-4 months but can be shorter or longer. Repeated injections are necessary to maintain its effects.

Frown lines between the eyebrows are due to contraction of small muscles around them between the eyebrows. Injecting BOTOX into this area will result in the relaxation of these muscles causing temporary improvement or disappearance of the lines and wrinkles that the targeted muscle action produced. Similarly, crow’s feet and horizontal forehead lines can also be improved by the injection of BOTOX into the area that will weaken the muscles and cause improvement in wrinkles in this area. Lines and wrinkles at rest may not improve with BOTOX alone since BOTOX is designed to treat lines caused by facial muscle action.

I request treatment by the doctor for the following areas __________________________.
I understand that only the glabella (frown) area has been approved by the FDA.

Results and Postoperative Care

1) I understand that I will not be able to move the targeted muscles as vigorously while the injection into this area is effective, but that it will reverse itself after a period of months, at which time retreatment is appropriate.

2) I understand that I must stay in the erect posture and that I must not manipulate the area of injection for 3-4 hours post-injection. I will not wear any tight-fitting headgear for 4-6 hours after receiving BOTOX injections.

3) I understand that it would be advantageous for me to forcibly and repeatedly use the treated muscles in 3-4 hours post-injection to get a better result.

Risk and Complication

BOTOX treatment of frown lines can cause minor temporary droop of one eyelid or eyebrows in less than 3% of injections. This usually lasts 2-4 weeks. Occasionally, numbness of a small area on the forehead lasting 2-3 weeks, bruising, asymmetry, twitching, and transient headache have also occurred. Other reported side effects have included nausea, flu-like symptoms, double vision, and elevation of the outer part of the eyebrow, swelling of the lower eyelid, drooping of an eyebrow, and muscle weakness.
Although results are frequently dramatic, as high as 10% of patients may not respond for unknown reasons or the treatment may not last as long as usual. Repeated sessions may be necessary to obtain desired results.

The FDA has placed a black box warning on BOTOX regarding the potential for distant spread of the toxin to sites beyond the injection site and to weaken or paralyze muscles used for breathing or swallowing. In adults, most reports of distant spread of botulinum toxin occurred in patients who received BOTOX for unapproved uses in muscle spasticity or for approved use in cervical dystonia. The agency noted that it has identified “no definitive serious adverse-event reports of distant spread of toxin effect associated with dermatologic use of BOTOX” for cosmetic purposes at approved doses.

**Photographs**

I authorize the taking of clinical photographs and their use for scientific purposes both in publications and presentations. I understand my identity will be protected.

**Pregnancy, Nursing, Neurologic Disease, and Medications**

I am not aware that I am pregnant nor that I have any significant neurologic disease. If taking amino glycoside antibiotics, Penicillin, or Quinine, these medications may potentate the effect of BOTOX Cosmetic.

**Payment**

I understand that this procedure is cosmetic and that payment is my responsibility.

I have read the above consent form and understand all of it. The doctor has answered all my questions to my satisfaction. I understand the risk and complications and give my informed consent for this procedure.

Print Name _______________________________ Date _______________________________

Patient Signature _______________________________ Witness _______________________________

Print Name _______________________________ Date _______________________________

Patient Signature _______________________________ Witness _______________________________

Print Name _______________________________ Date _______________________________

Patient Signature _______________________________ Witness _______________________________
POST BOTOX COSMETIC INJECTION INSTRUCTIONS

- Please make an appointment for a (2) week follow-up visit as you check out. There is no charge for the visit itself. You may need a “touch-up”, if there is some facial asymmetry. You might also require additional BOTOX Cosmetic, if the original amount is a little weak for your desired outcome.

- It is common policy to price BOTOX Cosmetic by the number of units used. The doctors will make their best estimate of the amount that should be used for optimal results. However, every individual is different and your BOTOX Cosmetic needs may not be the same as someone else’s. This dose may need to be modified to get you your best results. Larger muscle groups require more BOTOX Cosmetic and larger charges will be made according to the number of units used per treatment session. A charge will be made for each treatment session.

- Please allow from 2 to 3 days to up to a week for the effects of your BOTOX Cosmetic injection to occur. The full effects take about 10 days to reach their full strength. The effects will usually last 3 to 4 months, and may last considerably longer.

- Studies have shown that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Consult your physician about recommendations for touch-up or follow-up treatments.

**DO:**

- You must keep your head up for 4-6 hours after your BOTOX
- Use the muscles of your face (smile, frown, look surprised) for the 1st 4-6 hours.
- *You may get a headache from doing this, but that is normal.*

**DON’T:**

- Do not touch the area.
- Do not lie down, bend or lean forward; no naps, and if you drop something - squat down, instead of bending over to pick up your things.
- NO exercise, long walks, hair brushing, blow-drying, hair coloring, make-up, clothing changes, clothing or shoe shopping, showers, or cooking over a hot stove.
- No tight fitting headgear for 4-6 hours after BOTOX injections.
- Do not travel by airplane on the same day that you receive BOTOX treatment.
- **IF YOUR HEAD CHANGES POSITION, THEN THE CHANCE OF AN EYELID DROOP INCREASES**

Please understand that your satisfaction is the most important thing for us. Do not hesitate to contact us at: 703. 532. 7211, if you have any concerns about your treatment.